

FARM & FAMILY: GROWING TOGETHER

LAWRENCE COUNTY EXTENSION NEWSLETTER
JULY EDITION

 Cooperative
Extension Service

Lawrence County
294 Industrial Park Rd.
Louisa, KY 41230
Phone: (606) 673-9495
Fax: (606) 673-9498
extension.ca.uky.edu



Facebook:

@LawrenceCounty4-H

@LawrenceCountyCooperative
ExtensionService



July is heating up with exciting opportunities from the Lawrence County Extension Office! We're gearing up for one of the most anticipated events of the year—4-H Camp! Youth across the county are preparing for a week of learning, laughter, and lifelong memories. Along with camp, our summer schedule is packed with opportunities. Stay tuned and follow us on social media so you don't miss a moment of the fun!

Warm regards,

Maelyn Dotson, Lane Hall, & Deana West

Maelyn Dotson
Maelyn Dotson

maelyn.dotson@uky.edu
County Extension Agent
for 4-H Youth Development

INSIDE THIS ISSUE:

EXTENSION EVENTS CALENDAR

HIKE & LEARN

YAK & LEARN

CAIP INFORMATIONAL MEETING

FARMERS MARKET

SEED LIBRARY

EMBROIDERY 101

SEWING FOR BEGINNERS

COOKING THROUGH THE CALENDAR

WALK INTO WELLNESS

Lane Hall

Lane Hall

lane.hall@uky.edu

**County Extension Agent
for Agriculture and Natural Resource**

Deana West

Deana West

deana.west@uky.edu

**County Extension Agent
for Family and Consumer Sciences**

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.




Disabilities
accommodated

EXTENSION EVENT CALENDAR

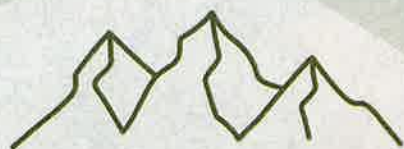


July
2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Homemakers Council Meeting (NEW TIME) 3:15pm Farmer's Market 9:00am	3	4 4th of July 	5 LC Beekeepers Farmer's Market 9:00am
6	7	8 District Board Meeting 4:30pm	9 Farmer's Market 9:00am	10	11	12 Farmer's Market 9:00am
13	14	15 Embroidery 101 2:00 Master Gardener 6:00pm	16 Farmer's Market 9:00am	17 CAIP Informational Meeting 6:00PM	18	19 Farmer's Market 9:00am
20	21 4-H Camp Teen Training @ Martin County Office	22 Sewing 101 5:30PM	23 Farmer's Market 9:00am	24 LC FAIR	25 LC FAIR	26 Farmer's Market 9:00am LC FAIR
27	28 Quilt Guild 10:00am	29 4-H CAMP!!!!	30 4-H CAMP!!!! Farmer's Market 9:00am	31 4-H CAMP!!!!	4-H CAMP!!!!	





HIKE &

EVERY 2ND FRI.

LEARN

 Cooperative
Extension Service


DISCOVER NATURE'S BEAUTY WITH US

Join our Hiking Club for a unique opportunity to explore nature, learn valuable hiking and camping skills, and have an unforgettable adventure.

ALL skill levels are welcome.



Every 2nd Friday, beginning March 14th-October 14th @ 9:00a.m.

 June 13th @ 9:00a.m. - Meet at the Greenbrier Boat Ramp parking lot.

REGISTER HERE



606-673-9495

**Cooperative
Extension Service**

Agriculture and Natural Resources
Faculty and Extension Educators
6-14 Youth Development

MARTIN-CATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Extension programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political beliefs, sex, sexual orientation, gender identity or expression, pregnancy, marital status, genetic information, age, veteran status, disability or limited ability or receipt of assistance for prior civil rights activity. Reasonable accommodations of disability may be available upon prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperative Extension Service.



July 15 @ 5:00- Grayson Lake Clifty Ramp

KAY & LEARN

As we paddle toward the breathtaking Grotto Falls, we'll uncover fascinating water quality facts that will deepen your appreciation for the natural beauty around us.

Please arrive by 4:30 to unload your kayak.
Life jackets must be worn at all times.

Cooperative
Extension Service



Boyd	(606) 739-5184	Meredith Hall
Carter	(606) 474-6686	Rebecca Konopka
Elliott	(606) 738-6400	Jacob Ison
Greenup	(606) 836-0201	Linda Hleneman
Lawrence	(606) 673-9495	Lane Hall

Cooperative
Extension Service

2025 CAIP Informational Meeting
July 17th at 6:00 pm
Lawrence County Extension Office
249 Industrial Drive

Registration required!



Scan here to register.



KADF

KENTUCKY AGRICULTURAL DEVELOPMENT FUND

2025 CAIP Informational Meeting

The County Agriculture Investment Program Informational Meeting will be held **July 17th at 6:00 pm** at the Lawrence County Extension Office, 249 Industrial Drive. (Review Guideline Changes & Investment Areas)

Call (606)673-9495 to register

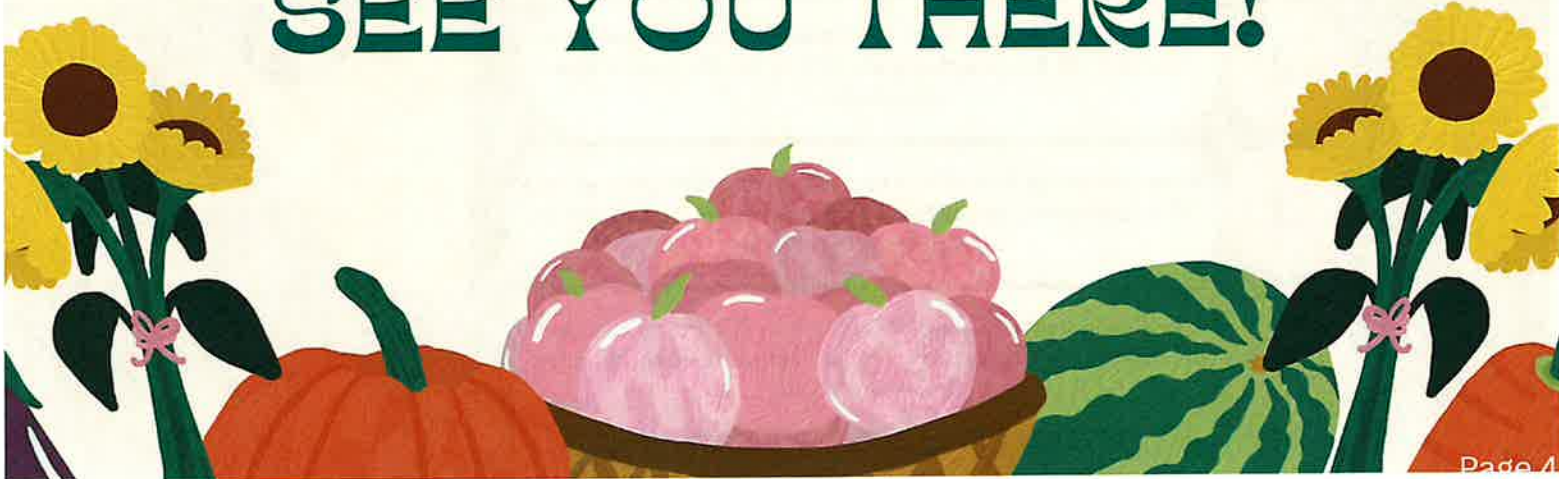


FARMERS. MARKET



**OPENING DAY SATURDAY
JUNE 7, 2025
9AM-12 NOON**

SEE YOU THERE!



SEED LIBRARY

Borrow Grow Share

HOW TO USE THE SEED LIBRARY:



1

The first time you use the seed library, please fill out the membership form and put it in the Seed Library binder.

2

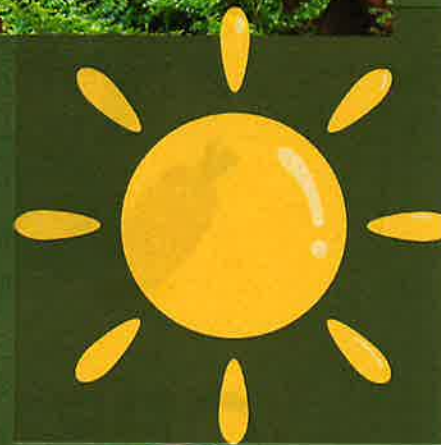
Check out the seeds for free! Please only take 4 packets biweekly to be sure there are plenty for the rest of the community.

3

Return seeds by donating extra from store-bought packets, OR by collecting seeds from what you grow! Donations are accepted at front desk.

4

Please help us track seed library use by recording the seeds you check out and return on your "Member's Seed Record" form in the binder.



Embroidery 101

Want to learn how to embroider? This beginner-friendly class will teach you the basics, from casting on to creating your first stitches. No experience needed—just bring your enthusiasm!

Date: July 15, 2025

Time: 2:00-3:00 pm

Location: Lawrence Co Public Library

Partnering with: Lawrence Co Cooperative Extension

Space is
limited.
Call
638-4497
if you have
any
question.



Check
Lawrence Co
Public
Library
Facebook
for
Registration!

Supplies Provided!

Come relax, unwind, and start your
embroidery journey with us. RSVP through Google Form!



Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities
accommodated
with prior notification

SEWING

CLASS FOR BEGINNERS

Create a Pillowcase



Date

July 22, 2025



Start At

5:30-6:30 pm



Address

Lawrence Co Extension

WORKSHOP HIGHLIGHTS:

- ✓ Sewing Basics
- ✓ Fabric Selection
- ✓ Measuring Material
- ✓ Creative Stitching

REGISTER NOW!

CALL 638-9495

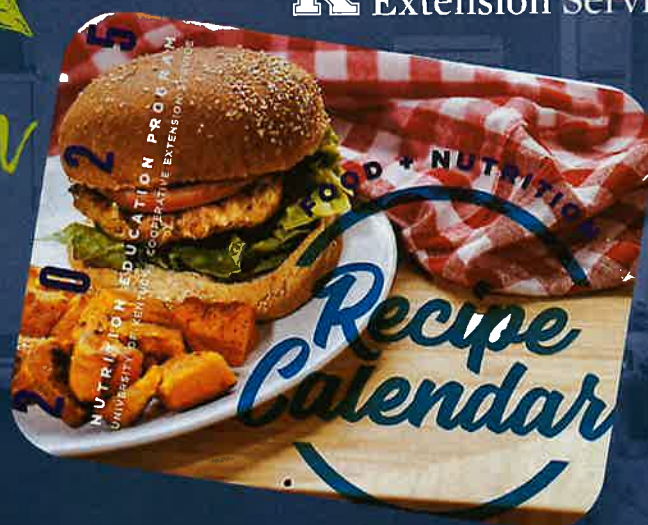
**LIMITED
SPOTS!**



JOIN us for...

Cooking through the Calendar 2025!

 Cooperative
Extension Service



**You're invited to the Lawrence County
Extension Office the second Wednesday
of each month @ noon.**

**Enjoy our free cooking demonstrations
and sampling. Try tasty nutritious
recipes while discovering ways to eat
healthier for you and your family.**

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or impairment or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture and Kentucky Cooperative Extension



USDA
Supplemental
Nutrition
Assistance
Program

Walk Into Wellness



Cooperative
Extension Service
Lawrence County



Tuesdays & Thursdays
July 8, 10, 15, 17, 22, 24, 29, 31

Location: Hilltop Methodist Church at 9:00 a.m.
Let's Walk For Health Together!

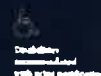
Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status, and with no discrimination on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability as reported or perceived, for justice and equity in society. Reasonable accommodations of disability may be available with prior notice. Inquiries on accommodations may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Extension Cooperative.

Lexington, KY 40516



Disabilities
accommodated
with prior notification